

St Joseph's Nursery SEEDLINGS Topic Plan: Autumn - All About Me

Personal, Social & Emotional Development

Sharing pictures and of family, friends and pets and putting them onto bottle tops to keep in the room.

Leave parents/carers happily & confidently and explore the baby room.

Begin to understand some simple nursery routines

Begin to Select resources and help to tidy them away.

Begin to learn how to sit for a few minutes of circle time/song time/story time

Start to play alongside peers. Ask for help from adults through sounds and gesture.

Using the mirror to look at ourselves... our physical features, can they point to them?

Communication & Language

Listen to the song and story of the week – begin to join in with some actions/sounds. For example, Head, shoulders, knees and toes and Humpty Dumpty.

Respond to simple questions – Where's Mummy?

Copy familiar expressions – smile, sad face, excited.

Physical Development

Participate in the rhymes of the week: 2 little dicky birds

Head, shoulders...

Hickory dickory dock

Humpety dumpety

I hear thunder

Dingle dangle scarecrow

Enjoy sensory experiences of making marks: messy play, sand, paint.

Begin to help with self care and feeding – begin to feed themselves, help with care routines.