

St. Joseph's R.C. Primary School
PSHE Long Term Curriculum Plan



	Autumn 1 Being Me in my world	Autumn 2 Celebrating differences	Spring 1 Dreams and Goals	Spring 2 Healthy me
Reception (Liberty Class)	<p style="text-align: center;">Key Vocabulary</p> <p style="text-align: center;">Kind, Gentle, Friend, Similar, Different, Feelings, Angry, Happy, Excited, Nervous, Sharing.</p>	<p style="text-align: center;">Key Vocabulary</p> <p style="text-align: center;">Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family.</p>	<p style="text-align: center;">Key Vocabulary</p> <p style="text-align: center;">Dream, Goal, Challenge, Job, Ambition, Perseverance, Achievement, Happy, Kind, Encourage.</p>	<p style="text-align: center;">Key Vocabulary</p> <p style="text-align: center;">Healthy, Exercise, Head, Shoulders, Knees, Toes, Sleep, Wash, Clean, Stranger, Scared, Trust</p>
	<p style="text-align: center;">Lesson 1: <i>WALT:</i> Know special things about themselves</p>	<p style="text-align: center;">Lesson 1: <i>WALT:</i> Know what being proud means and that people can be proud of different things</p>	<p style="text-align: center;">Lesson 1: <i>WALT:</i> Know what a challenge is</p>	<p style="text-align: center;">Lesson 1: <i>WALT:</i> Know the names for some parts of their body</p>
	<p style="text-align: center;">Lesson 2: <i>WALT:</i> Know that some people are different from themselves</p>	<p style="text-align: center;">Lesson 2: <i>WALT:</i> Know that people can be good at different things</p>	<p style="text-align: center;">Lesson 2: <i>WALT:</i> Know that it is important to keep trying</p>	<p style="text-align: center;">Lesson 2: <i>WALT:</i> Know what the word 'healthy' means</p>
	<p style="text-align: center;">Lesson 3: <i>WALT:</i> Know how happiness and sadness can be expressed</p>	<p style="text-align: center;">Lesson 3: <i>WALT:</i> Know what being unique means</p>	<p style="text-align: center;">Lesson 3: <i>WALT:</i> Know what a goal is</p>	<p style="text-align: center;">Lesson 3: <i>WALT:</i> Know some things that they need to do to keep healthy</p>
	<p style="text-align: center;">Lesson 4: <i>WALT:</i> Know that hands can be used kindly and unkindly Know that being kind is good</p>	<p style="text-align: center;">Lesson 4: <i>WALT:</i> Know that families can be different</p>	<p style="text-align: center;">Lesson 4: <i>WALT:</i> Know how to set goals and work towards them</p>	<p style="text-align: center;">Lesson 4: <i>WALT:</i> Know that they need to exercise to keep healthy</p>
	<p style="text-align: center;">Lesson 5: <i>WALT:</i> Know they have a right to learn and play, safely and happily</p>	<p style="text-align: center;">Lesson 5: <i>WALT:</i> Know that people have different homes and why they are important to them</p>	<p style="text-align: center;">Lesson 5: <i>WALT:</i> Know which words are kind</p>	<p style="text-align: center;">Lesson 5: <i>WALT:</i> Know how to help themselves go to sleep and that sleep is good for them</p>
		<p style="text-align: center;">Lesson 6: <i>WALT:</i> Know different ways of making friends Know different ways to stand up for myself</p>	<p style="text-align: center;">Lesson 6: <i>WALT:</i> Know some jobs that they might like to do when they are older</p>	<p style="text-align: center;">Lesson 6: <i>WALT:</i> Know when and how to wash their hands properly</p>
		<p style="text-align: center;">Lesson 7: <i>WALT:</i> Know the names of some emotions such as happy, sad, frightened, angry</p>	<p style="text-align: center;">Lesson 7: <i>WALT:</i> Know that they must work hard now to be able to achieve the job they want when they are older</p>	<p style="text-align: center;">Lesson 7: <i>WALT:</i> Know what to do if they get lost</p>
		<p style="text-align: center;">Lesson 8: <i>WALT:</i> Know that they don't have to be 'the same as' to be a friend Know why having friends is important</p>	<p style="text-align: center;">Lesson 8: <i>WALT:</i> Know when they have achieved a goal</p>	<p style="text-align: center;">Lesson 8: <i>WALT:</i> Know how to say No to strangers</p>

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		Lesson 9: <i>WALT:</i> Know some qualities of a positive friendship		
Year 1 (Big Ben Class)	Key Vocabulary Safe, Special, Calm, Belonging, Special, Rights, Responsibilities, Rewards, Proud, Consequences, Upset, Disappointed.	Key Vocabulary Similarity, Same as, Different from, Difference, Bullying, Deliberate, Unfair, Included, Bully, Bullied, Celebrations, Unique.	Key Vocabulary Proud, Success, Achievement, Goal, Goal, Teamwork, Celebrate, Challenge, Feelings, Obstacle, Overcome, Achieve, Dreams, Goals.	Key Vocabulary Healthy, Unhealthy, Balanced, Exercise, Sleep, Choices, Clean, Body parts, keeping clean, Toiletry items (e.g. toothbrush, shampoo, soap), Hygienic, Safe Medicines, Trust, Safe, Safety, Green Cross Code, Eyes, Ears, Look, Listen.
	Lesson 1: <i>WALT:</i> Understand the rights and responsibilities of a member of a class	Lesson 1: <i>WALT:</i> Know that people have differences and similarities	Lesson 1: <i>WALT:</i> Know how to set simple goals	Lesson 1: <i>WALT:</i> Know the difference between being healthy and unhealthy.
	Lesson 2: <i>WALT:</i> Understand that their views are important	Lesson 2: <i>WALT:</i> Know what bullying means	Lesson 2: <i>WALT:</i> Know how to achieve a goal	Lesson 2: <i>WALT:</i> Know some ways to keep healthy
	Lesson 3: <i>WALT:</i> Understand that their choices have consequences	Lesson 3: <i>WALT:</i> Know who to tell if they or someone else is being bullied or is feeling unhappy	Lesson 3: <i>WALT:</i> Know how to work well with a partner	Lesson 3: <i>WALT:</i> Know how to make healthy lifestyle choices
	Lesson 4: <i>WALT:</i> Understand their own rights and responsibilities with their classroom	Lesson 4: <i>WALT:</i> Know skills to make friendships	Lesson 4: <i>WALT:</i> Know that tackling a challenge can stretch their learning	Lesson 4: <i>WALT:</i> Know how to keep themselves clean and healthy
		Lesson 5: <i>WALT:</i> Know that people are unique and that it is OK to be different	Lesson 5: <i>WALT:</i> Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them	Lesson 5: <i>WALT:</i> Know that germs cause disease / illness
			Lesson 6: <i>WALT:</i> Know when a goal has been achieved	Lesson 6: <i>WALT:</i> Know that all household products, including medicines, can be harmful if not used properly
			Lesson 7: <i>WALT:</i> Know that medicines can help them if they feel poorly	

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				<p>Lesson 8 <i>WALT</i> Know how to kee safe when crossing the road</p> <p>Lesson 9: <i>WALT</i> Know about people who can keep them safe</p>
<p>Year 2 (Everest Class)</p>	<p>Key Vocabulary</p> <p>Worries, Hopes, Fears, Rights, Responsibilities, Responsible, Actions, Praise, Reward, Consequence, Positive, Negative, Co-Operate.</p>	<p>Key Vocabulary</p> <p>Similarities, Assumptions, Stereotypes, Special, Differences, Bully, Purpose, Kind, Unkind, Feelings, Stand up for, Male, Female, Diversity, Fairness, Kindness, Friends, Unique, Value.</p>	<p>Key Vocabulary</p> <p>Realistic, Proud, Success, Celebrate, Achievement, Goal, Strength, Persevere, Challenge, Difficult, Easy, Learning Together, Partner, Team work.</p>	<p>Key Vocabulary</p> <p>Healthy choices, Lifestyle, Motivation, Relax, Relaxation, Tense, Calm, Healthy, Unhealthy, Dangerous, Medicines, Safe, Body, Balanced diet, Portion, Proportion, Energy, Fuel, Nutritious</p>
	<p>Lesson 1: <i>WALT:</i> Identify hopes and fears for the year ahead</p>	<p>Lesson 1: <i>WALT:</i> Know there are stereotypes about boys and girls</p>	<p>Lesson 1: <i>WALT</i> Know how to choose a realistic goal and think about how to achieve it</p>	<p>Lesson 1: <i>WALT</i> Know what their body needs to stay healthy</p>
	<p>Lesson 2: <i>WALT:</i> Understand the rights and responsibilities of class members</p>	<p>Lesson 2: <i>WALT:</i> Know that it is OK not to conform to gender stereotypes</p>	<p>Lesson 2: <i>WALT</i> Know that it is important to persevere</p>	<p>Lesson 2: <i>WALT</i> Know what relaxed means</p>
	<p>Lesson 3: <i>WALT:</i> Know that it is important to listen to other people</p>	<p>Lesson 3: <i>WALT:</i> Know it is good to be yourself</p>	<p>Lesson 3: <i>WALT</i> Know how to recognise what working together well looks like</p>	<p>Lesson 3: <i>WALT</i> Know what makes them feel relaxed / stressed</p>
	<p>Lesson 4: <i>WALT:</i> Understand that their own views are valuable</p>	<p>Lesson 4: <i>WALT:</i> Know that sometimes people get bullied because of difference</p>	<p>Lesson 4: <i>WALT</i> Know what good group working looks like</p>	<p>Lesson 4: <i>WALT</i> Know how medicines work in their bodies</p>
	<p>Lesson 5: <i>WALT:</i> Know about rewards and consequences and that these stem from choices</p>	<p>Lesson 5: <i>WALT:</i> Know the difference between right and wrong and the role that choice has to play in this</p>	<p>Lesson 5: <i>WALT</i> Know how to share success with other people</p>	<p>Lesson 5: <i>WALT</i> Know that it is important to use medicines safely</p>
	<p>Lesson 6: <i>WALT</i> Know that positive choices impact positively on self- learning and the learning of others</p>	<p>Lesson 6: <i>WALT:</i> Know that friends can be different and still be friends</p>		<p>Lesson 6: <i>WALT</i> Know how to make some healthy snacks</p>

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		<p align="center">Lesson 7: <i>WALT:</i> Know where to get help if being bullied</p>		<p align="center">Lesson 7: <i>WALT</i> Know why healthy snacks are good for their bodies</p>
		<p align="center">Lesson 8: <i>WALT:</i> Know the difference between a one-off incident and bullying</p>		<p align="center">Lesson 8: <i>WALT</i> Know which foods give their bodies energy</p>
<p align="center">Year 3 (Blue Lagoon Class)</p>	<p align="center">Key Vocabulary</p> <p>Welcome, Valued, Achievements, Proud, Acknowledge, Emotions, Feelings, Nightmare, Fears, Worries, Solutions, Support, Behaviour, Fairness, Choices, Co-Operate, Team Work</p>	<p align="center">Key Vocabulary</p> <p>Family, Loving, Caring, Safe, Connected, Difference, Special, Conflict, Solutions, Resolve, Witness, Bystander, Bullying, Unkind, Feelings, Tell, Consequences, Hurtful, Compliment, Unique.</p>	<p align="center">Key Vocabulary</p> <p>Perseverance, Challenges, Success, Obstacles, Dreams, Goals, Ambitions, Future, Aspirations, Cooperation, Product, Strengths, Motivated, Enthusiastic, Excited, Efficient, Responsible, Frustration, Solutions, Evaluate</p>	<p align="center">Key Vocabulary</p> <p>Oxygen, Energy, Calories / kilojoules, Heartbeat, Lungs, Heart, Fitness, Labels, Sugar, Fat, Saturated fat, Healthy, Drugs, Attitude, Safe, Anxious, Scared, Strategy, Advice, Harmful, Risk, Feelings, Complex, Appreciate, Body, Choice</p>
	<p align="center">Lesson 1: <i>WALT:</i> Understand that they are important</p>	<p align="center">Lesson 1: <i>WALT:</i> Know why families are important what they do</p>	<p align="center">Lesson 1: <i>WALT:</i> Know about specific people who have overcome difficult challenges to achieve success</p>	<p align="center">Lesson 1: <i>WALT:</i> Know how exercise affects their bodies</p>
	<p align="center">Lesson 2: <i>WALT:</i> Know what a personal goal is</p>	<p align="center">Lesson 2: <i>WALT:</i> Know that everybody's family is different</p>	<p align="center">Lesson 2: <i>WALT:</i> Know what dreams and ambitions are important to them</p>	<p align="center">Lesson 2: <i>WALT:</i> Know why their hearts and lungs are such important organs</p>
	<p align="center">Lesson 3: <i>WALT:</i> Understanding what a challenge is</p>	<p align="center">Lesson 3: <i>WALT:</i> Know that sometimes family members don't get along and some reasons for this</p>	<p align="center">Lesson 3: <i>WALT:</i> Know how they can best overcome learning challenges</p>	<p align="center">Lesson 3: <i>WALT:</i> Know that the amount of calories, fat and sugar that they put into their bodies will affect their health</p>
	<p align="center">Lesson 4: <i>WALT:</i> Know why rules are needed and how these relate to choices and consequences</p>	<p align="center">Lesson 4: <i>WALT:</i> Know that conflict is a normal part of relationships</p>	<p align="center">Lesson 4: <i>WALT:</i> Know that they are responsible for their own learning</p>	<p align="center">Lesson 4: <i>WALT:</i> Know that there are different types of drugs</p>
	<p align="center">Lesson 5: <i>WALT:</i> Know that actions can affect others' feelings</p>	<p align="center">Lesson 5: <i>WALT:</i> Know what it means to be a witness to bullying and that a witness can make the situation worse or better by</p>	<p align="center">Lesson 5: <i>WALT:</i> Know what their own strengths are as a learner</p>	<p align="center">Lesson 5: <i>WALT:</i> Know that there are things, places and people that can be dangerous</p>
	<p align="center">Lesson 6: <i>WALT:</i> Know that others may hold different views</p>			

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	<p>Lesson 7: <i>WALT:</i> Know that the school has a shared set of values</p>	<p>Lesson 6: <i>WALT:</i> Know that some words are used in hurtful ways and that they can have consequences</p>	<p>Lesson 6: <i>WALT:</i> Know what an obstacle is and how they can hinder achievement</p>	<p>Lesson 6: <i>WALT:</i> Know a range of strategies to keep themselves safe</p>
			<p>Lesson 7: <i>WALT:</i> Know how to take steps to overcome obstacles</p>	<p>Lesson 7: <i>WALT:</i> Know when something feels safe or unsafe</p>
			<p>Lesson 8: <i>WALT:</i> Know how to evaluate their own learning progress and identify how it can be better next time</p>	<p>Lesson 8: <i>WALT:</i> Know that their bodies are complex and need taking care of</p>
<p>Year 4 (Arc de Triomphe Class)</p>	<p>Key Vocabulary</p> <p>Included, Excluded, Valued, Team, Charter, Role, School Community, Responsibility, Rights, Democracy, Democratic, Reward, Consequence, Decisions, Voting, Authority, Contribution, UN Convention on Rights of Child (UNCRC).</p>	<p>Key Vocabulary</p> <p>Character, Assumption, Judgement, Different, Appearance, Accept, Influence, Opinion, Attitude, Deliberate, Bystander, Witness, Bully, Problem solve, Cyber bullying, Text message, Website, Troll, Special, Unique, Physical features, Impression.</p>	<p>Key Vocabulary</p> <p>Dream, Hope, Goal, Determination, Perseverance, Resilience, Positive attitude, Disappointment, Fears, Positive experiences, Plans, Cope, Help, Self-belief, Motivation, Commitment, Enterprise, Design, Cooperation, Celebrate, Evaluate</p>	<p>Key Vocabulary</p> <p>Friendship, Emotions, Healthy, Relationships, Friendship groups, Value, Roles, Leader, Follower, Assertive, Agree, Disagree, Smoking, Pressure, Peers, Guilt, Advice, Alcohol, Anxiety, Fear, Believe, Opinion.</p>
	<p>Lesson 1: <i>WALT:</i> Know how individual attitudes and actions make a difference to a class</p>	<p>Lesson 1: <i>WALT:</i> Know that sometimes people make assumptions about a person because of the way they look or act in a situation</p>	<p>Lesson 1: <i>WALT:</i> Know what their own hopes and dreams are</p>	<p>Lesson 1: <i>WALT:</i> Know how different friendship groups are formed and how they fit into them</p>
	<p>Lesson 2: <i>WALT:</i> Know about the different roles in the school community</p>	<p>Lesson 2: <i>WALT:</i> Know there are influences that can affect how we judge a person or</p>	<p>Lesson 2: <i>WALT:</i> Know that hopes and dreams don't always come true</p>	<p>Lesson 2: <i>WALT:</i> Know which friends they value most</p>
	<p>Lesson 3: <i>WALT:</i> Know their place in the school community</p>	<p>Lesson 3: <i>WALT:</i> Know that some forms of bullying are harder to identify e.g. tactical ignoring, cyber-bullying</p>	<p>Lesson 3: <i>WALT:</i> Know that reflecting on positive and happy experiences can help them to counteract disappointment</p>	<p>Lesson 3: <i>WALT:</i> Know that there are leaders and followers in groups</p>
	<p>Lesson 4: <i>WALT:</i> Know what democracy is</p>	<p>Lesson 4: <i>WALT:</i> Know what to do if they think bullying is, or might be taking place</p>	<p>Lesson 4: <i>WALT:</i> Know how to make a new plan and set new goals even if they have been disappointed</p>	<p>Lesson 4: <i>WALT:</i> Know that they can take on different roles according to the situation</p>

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	<p>Lesson 5: <i>WALT:</i> Know that their own actions affect themselves and others</p>	<p>Lesson 5: <i>WALT:</i> Know the reasons why witnesses sometimes join in with bullying and don't tell anyone</p>	<p>Lesson 5: <i>WALT:</i> Know how to work out the steps they need to take to achieve a goal</p>	<p>Lesson 5: <i>WALT:</i> Know the facts about smoking and its effects on health</p>
	<p>Lesson 6: <i>WALT:</i> Know how groupwork together to reach a consensus</p>	<p>Lesson 6: <i>WALT:</i> Know that first impressions can change</p>	<p>Lesson 6: <i>WALT:</i> Know how to work as part of a successful group</p>	<p>Lesson 6: <i>WALT:</i> Know some of the reasons some people start to smoke</p>
	<p>Lesson 7: <i>WALT:</i> Know that having a voice and democracy benefits the school community</p>		<p>Lesson 7: <i>WALT:</i> Know how to share in the success of a group</p>	<p>Lesson 7: <i>WALT:</i> Know the facts about alcohol and its effects on health, particularly the liver</p>
			<p>Lesson 8: <i>WALT:</i> Know some of the reasons some people drink alcohol</p>	<p>Lesson 9: <i>WALT:</i> Know ways to resist when people are putting pressure on them</p>
			<p>Lesson 10: <i>WALT:</i> Know what they think is right and wrong</p>	
<p>Year 5 (Mosi Oa Tunya Class)</p>	<p>Key Vocabulary</p> <p>Goals, Worries, Fears, Value, Welcome, Choice, Rights, Community, Education, Empathy, Comparison, Responsibilities, Rewards, Consequences, Empathise, Obstacles, Cooperation, Collaboration, Legal, Illegal, Lawful, Laws, Participation, Motivation, Democracy, Decision, Proud</p>	<p>Key Vocabulary</p> <p>Conflict, Difference, Similarity, Belong, Racism, Colour, Race, Discrimination, Bullying, Rumour, Name-calling, Racist, Cyber bullying, Texting, Problem solving, Indirect, Direct, Happiness, Artefacts, Display, Presentation.</p>	<p>Key Vocabulary</p> <p>Dream, Hope, Goal, Feeling, Achievement, Money, Grown Up, Adult, Lifestyle, Job, Career, Profession, Money, Salary, Contribution, Society, Determination, Perseverance, Motivation, Aspiration, Culture, Country, Communication, Support, Team Work, Cooperation, Difference</p>	<p>Key Vocabulary</p> <p>Choices, Healthy behaviour, Unhealthy behaviour, Informed decision, Pressure, Media, Influence, Emergency, Recovery position, Calm, Level-headed, Body image, Media, Social media, Celebrity, Self-respect, Comparison, Eating problem, Eating disorder, Respect, Debate, Opinion, Fact, Motivation.</p>
	<p>Lesson 1: <i>WALT:</i> Know how to face new challenges positively</p>	<p>Lesson 1: <i>WALT:</i> Know what culture means can sometimes be a source of conflict</p>	<p>Lesson 1: <i>WALT:</i> Know that they will need money to help them to achieve some of their dreams</p>	<p>Lesson 1: <i>WALT:</i> Know the health risks of smoking</p>

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	<p>Lesson 2: <i>WALT:</i> Understand how to set personal goals</p>	<p>Lesson 2: <i>WALT</i> Know that differences in culture</p>	<p>Lesson 2: <i>WALT</i> Know about a range of jobs that are carried out by people I know</p>	<p>Lesson 2: <i>WALT</i> Know how smoking tobacco affects the lungs, liver and heart</p>	
	<p>Lesson 3: <i>WALT:</i> Understand the rights and responsibilities associated with being a citizen in the wider community and their country</p>	<p>Lesson 3: <i>WALT</i> Know what racism is and why it is unacceptable</p>	<p>Lesson 3: <i>WALT</i> Know that different jobs pay more money than others</p>	<p>Lesson 3: <i>WALT</i> Know some of the risks linked to misusing alcohol, including antisocial behaviour</p>	
	<p>Lesson 4: <i>WALT:</i> Know how an individual's behaviour can affect a group and the consequences of this Understand how democracy and having a voice benefits the school community</p>	<p>Lesson 4: <i>WALT</i> Know that rumour spreading is a form of bullying on and offline</p>	<p>Lesson 4: <i>WALT</i> Know the types of job they might like to do when they are older</p>	<p>Lesson 4: <i>WALT</i> Know basic emergency procedures including the recovery position</p>	
	<p>Lesson 5: <i>WALT:</i> Understand how to contribute towards the democratic process</p>	<p>Lesson 5: <i>WALT</i> Know external forms of support in regard to bullying e.g. Childline</p>	<p>Lesson 5: <i>WALT</i> Know that young people from different cultures may have different dreams and goals</p>	<p>Lesson 5: <i>WALT</i> Know how to get help in emergency situations</p>	
		<p>Lesson 6: <i>WALT</i> Know that bullying can be direct and indirect</p>	<p>Lesson 6: <i>WALT</i> Know that communicating with someone from a different culture means that they can learn from them and vice versa</p>	<p>Lesson 6: <i>WALT</i> Know that the media, social media and celebrity culture promotes certain body types</p>	
		<p>Lesson 7: <i>WALT</i> Know how their life is different from the lives of children in the developing world</p>		<p>Lesson 7: <i>WALT</i> Know ways that they can support young people in their own culture and abroad</p>	<p>Lesson 7: <i>WALT</i> Know the different roles food can play in people's lives and know that people can develop eating problems / disorders related to body image pressure</p>
				<p>Lesson 8: <i>WALT</i> Know what makes a healthy lifestyle</p>	

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<p style="text-align: center;">Year 6 (Angel Falls Class)</p>	<p style="text-align: center;">Key Vocabulary</p>	<p style="text-align: center;">Key Vocabulary</p>	<p style="text-align: center;">Key Vocabulary</p>	<p style="text-align: center;">Key Vocabulary</p>
	<p>Lesson 1: WALT: Know how to set goals for the year ahead</p>	<p>Lesson 1: WALT: Know that there are different perceptions of 'being normal' and where these might come from</p>	<p>Lesson 1: WALT: Know their own learning strengths</p>	<p>Lesson 1: WALT: Know how to take responsibility for their own health Lesson 9: WALT: Know that being stressed can cause drug and alcohol misuse</p>
	<p>Lesson 2: WALT: Understand what fears and worries are</p>	<p>Lesson 2: WALT: Know that being different could affect someone's life</p>	<p>Lesson 2: WALT: Know how to set realistic and challenging goals</p>	<p>Lesson 2: WALT: Know how to make choices that benefit their own health and well-being</p>
	<p>Lesson 3: WALT: Know about children's universal rights (United Nations Convention on the Rights of the Child)</p>	<p>Lesson 3: WALT: Know that power can play a part in a bullying or conflict situation</p>	<p>Lesson 3: WALT: Know what the learning steps are they need to take to achieve their goal</p>	<p>Lesson 3: WALT: Know about different types of drugs and their uses</p>
	<p>Lesson 4: WALT: Know about the lives of children in other parts of the world</p>	<p>Lesson 4: WALT: Know that people can hold power over others individually or in a group</p>	<p>Lesson 4: WALT: Know a variety of problems that the world is facing</p>	<p>Lesson 4: WALT: Know how these different types of drugs can affect people's bodies, especially their liver and heart</p>
	<p>Lesson 5: WALT: Know that personal choices can affect others locally and globally</p>	<p>Lesson 5: WALT: Know why some people choose to bully others</p>	<p>Lesson 5: WALT: Know how to work with other people to make the world a better place</p>	<p>Lesson 5: WALT: Know that some people can be exploited and made to do things that are against the law</p>
	<p>Lesson 6: WALT: Understand that their own choices result in different consequences and rewards</p>	<p>Lesson 6: WALT: Know that people with disabilities can lead amazing lives</p>	<p>Lesson 6: WALT: Know some ways in which they could work with others to make the world a better place</p>	<p>Lesson 6: WALT: Know why some people join gangs and the risk that this can involve</p>

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	<p>Lesson 7: WALT: Understand how democracy and having a voice benefits the schoolcommunity</p>	<p>Know that difference canbe a source of celebration as well as conflict</p>	<p>Lesson 7: WALT: Know what their classmates like andadmire about them</p>	<p>Lesson 7: WALT: Know what it means to be emotionally well</p>
<p>Lesson 8: WALT: Understand how to contribute towards the democratic process</p>	<p>Lesson 8: WALT: Know that stress can be triggered by a range of things</p>			
	<p>Lesson 9: WALT: Know that being stressed can cause drug and alcohol misuse</p>			