



## St. Joseph's Catholic Primary School

"Treat others as you would like to be treated"

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Friday 2<sup>nd</sup> of May 2025

Dear Year 4 Families,

I am writing to let you know that next week I will be teaching the class about our Me, My Body, My Health and Life Cycles – These topics explore the miraculous nature of human conception and birth and offers an opportunity for thanksgiving, as well as helping children understand how to respect their bodies and how they can change over time. Sexual intercourse is **not** discussed in this session.

This is part of our Relationships Education curriculum where we follow the 'Life to the Full' curriculum using the TenTen resources.

Please see attached the key vocabulary below and a link to a parent portal that gives more detail about the curriculum and the particular lessons I am teaching.

### Key Vocabulary

life before birth childhood puberty adulthood womb egg sperm Fallopian tube  
fertilised conception implantation embryo foetus umbilical cord birth

Me, My Body, My Health Link: [Me, My Body, My Health – Ten Ten Resources](#)

Life Cycles: [Life Cycles – Ten Ten Resources](#)

Online Parent Portal – Ten Ten Resources

Username: st-joseph-hr9

password: ave-ross

If you have any questions regarding this, please do not hesitate to contact me.

Kind regards,

*J Mason*

Mr. Mason

Year 4 Class teacher