

St. Joseph's R.C. Primary School



Nursery Nappy Changing and Toilet Training Policy

October 2023

Review: October 2026

Policy Review

This policy will be reviewed in full by the Governing Body on an annual basis.

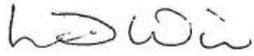
The policy was last reviewed and agreed by the Governing Body October 2023

It is due for review in October 2026

Hayley Francis

Date: October 2023

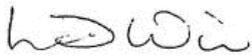
Head Teacher



Lindsay Wise

Date: October 2023

Chair of Governors



Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or pull-ups. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Nappies are changed during the morning session and mid-afternoon as standard procedure, and additionally as needed for individual children during the session.
- Where possible the child's key person will change the child's nappy or it will be changed by a familiar member of staff, where this is not possible.

- Children are changed in the designated room where they can be seen by other staff whilst maintaining the child's dignity and privacy. The door to the 'bathroom' area must remain open whilst the child is being changed.
- Our changing area is warm, with a safe purpose-built changing unit.
- Each child brings their own bag with their nappies or pull ups and wipes (and cream, when required). These are kept in their own bag on their named peg and the bag is taken into the changing area when needed. Nursery staff may apply cream as required with permission from parents. Nursery has a small supply of nappies, if the child's supplies have been used or they do not have any with them on any given day.
- All our staff put on gloves and aprons (provided by school) before changing starts. A fresh apron and gloves are used for each child. Certain viruses e.g. Covid-19, may require the use of face masks also to be worn during intimate care procedures. If there are concerns that there may be spitting or splashes, then close-fitting eye goggles should be worn by the staff member. The changing mat and changing area are cleaned with anti-bacterial wipes and dried, after every use. All items are placed in a bag and put into a lidded bin, immediately after use. Staff wash hands after the process is complete and before changing another child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff do not leave children unattended whilst they are on the changing unit.
- We are gentle when changing; we avoid pulling faces and making negative comments about the contents of the nappy.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- We ensure that nappy changing is relaxed and a time to promote independence in young children.

- We dispose of nappies and pull ups hygienically. Any soil (faeces) is flushed down the toilet and the nappy or pull up is put in a polythene disposal bag and put in a separate 'Sani-bin' which ensures the contents of the bag are secured. Pants that have been wet or soiled are rinsed, bagged and tied securely, for parents to take home. Bins are emptied at the end of the day or more frequently as needed.
- We have a 'duty of care' towards children's personal needs. If children are knowingly left in wet or soiled nappies/pull ups in Nursery this may constitute neglect and is be a disciplinary matter.

Toilet training

- We work with parents to begin and support toilet training, based on the child's individual needs and readiness.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is using an adjacent toilet.
- We support children to wash their hands independently, after they have been to the toilet (and before if hands are messy). Liquid soap and towels are to hand and are accessible to children.

General toileting procedures

- Older children are encouraged to be independent. Staff will give support as requested by the child/ child's parents. Staff are to wear gloves when attending to personal care needs. Toilet seats are cleaned at the start and end of day and regularly throughout the day. When certain viruses, are circulating in the general population then toilet seats and areas touched by children and staff should be cleaned after every use.
- If pants or clothing is soiled they are removed and the child is encouraged to help undress/dress themselves. If adult help is needed then staff must wear gloves when removing soiled clothing and when rinsing and bagging soiled items.
- Gloves and aprons, must be bagged and staff must also wash their hands after the process is complete.
- We remind children to wash their hands, for 20 seconds after they have been to the toilet. Liquid soap and paper towels are accessible to children.

